

## Scan Results - EVOX

### 21.83 **Alpine Mint Bush**

This flower grows in exposed rocky sites in the alpine and sub-alpine areas of south eastern Australia. This Essence works on the mental and emotional levels. It is for people who work in healing, health administration and caring situations where there is a great deal of responsibility for other people. They give much of themselves both physically and emotionally, often listening to people in pain and need. These care givers can be in danger of burning out or becoming disillusioned. They can reach a point of tiredness feeling their life has lost its joy. Alpine Mint Bush can revitalize and bring about in these people a renewed enthusiasm and joy in their life for what they do.

#### Negative Condition:

Mental & emotional exhaustion  
Lack of joy and weight of responsibility of care givers

#### Positive Outcome:

Revitalization  
Joy  
Renewal

### 21.79 **Elm**

Elm is for those who feel overwhelmed by their workload. Usually competent and capable, they momentarily lose confidence and become despondent. Elm types make good managers and are often in positions of responsibility, concerned with the welfare of others, e.g.. doctors, teachers, therapists, heads of industry.

Elm is indicated when these capable people suddenly feel overwhelmed by their responsibilities and feel unable to deal with them or keep up with events; this is often brought about by taking on too much work without taking care of themselves. As a result they feel depressed and exhausted, with a temporary loss of self-esteem. Even a momentary doubt of their own abilities causes them to feel weak and debilitated.

The positive potential is restoration of one's normal capable personality, and a return to efficiency and self-assurance. Problems are seen in perspective and the person takes on only as much as he or she can cope with, taking time to look after his or her own needs.

### 21.50 **Centaury**

Centaury is for people who find it hard to say no. They let themselves be imposed on and even bullied by others. They are usually timid, quiet, and rather passive, with little strength of will. Anxious to please, they give in to others out of subservience rather than willing co-operation. Although dissatisfied with this state of affairs, they will deny their own wishes or vocation rather than risk a confrontation. Anxious to 'do the right thing', they are easily influenced by what other people dictate.

Drained by others and out of touch with their own assertiveness, they tend to lack energy and tire easily.

The positive potential of Centaury is shown in people who serve willingly and unobtrusively, but without denying their own needs. They can express and defend their own opinions and mix well in company. Above all, they are in touch with what they want and can now follow their own path with determination and energy, unhampered by the opinions of others.

### 18.40 **Philotheca**

This Essence allows people to accept acknowledgement for their achievements and to "let in" love. They are often good listeners and generous, giving people. It allows shy people to speak of their plans and success. In its natural environment, the flower is easily overlooked and often mistaken for other species.

#### Negative Condition:

Inability to accept acknowledgement  
Excessive generosity

#### Positive Outcome:

Ability to receive love and acknowledgement  
Ability to let in praise

### 16.77 **Fringed Violet**

For treating damage to the aura where there has been shock, grief, or distress, e.g. from abuse or assault. This remedy maintains psychic protection, especially for those working in psychic areas. When used in combination with Flannel Flower or Wisteria it is beneficial for those who have suffered abuse.

#### Negative Condition:

Damage to aura  
Distress  
Lack of psychic protection

#### Positive Outcome:

Removal of effects of recent or old distressing events  
Heals damage to aura  
Psychic protection