

How EVOX Perception Reframing Can Improve your Health, Relationships, and Performance

The EVOX experience opens you to new ways of seeing things, it's called perception reframing. Old perceptions that may be stuck and damaging are released and you become free to choose better ways. When you speak, your voice carries the energy of how you perceive or see the topic you are speaking about. The EVOX records your voice energy and plots it on a graph called a Perception Index (PI). The EVOX then uses your PI to determine frequency signatures that are most useful to you. It then sends those signatures to the Hand Cradle as electrical impulses, while you listen to relaxing music and think about the topic you are speaking of. Perception Reframing can positively impact any aspect of:

1. Personal Health – Health conditions involve perception, and reframing perception on health issues may improve the way you feel.
2. Interpersonal Relationships – A better relationship with your spouse, dealing with a problem child, or enjoying your time with coworkers.
3. Personal Performance – Improve your sports performance, increase your ability to focus, or become a faster learner at school or at work. Perception Reframing increases your ability to choose, it moves you to a position of choice rather than reaction. It can be profound because perception creates personal reality.

Every Perception Index (PI) is topic specific. Excess voice energy indicates personal perception of the topic.

- Orange indicates a zone with a level three or high excess amount of voice energy.
- Blue indicates a zone with a level one or low excess amount of voice energy.
- Gray shows the entire voice energy across all zones.
- White shows zones containing negligible amounts of voice energy.
- Black shows overall excess voice energy.
- Green indicates a zone with a level two or medium excess amount of voice energy.
- Red indicates a zone with a level four or extreme excess amount of voice energy.

Perception Index Zones

1. Unacknowledged
2. Repetitive Thinking
3. Sadness
4. Emotionally Disconnected

5. Self Critical
6. Conditional Love
7. Anger
8. Fearful and Overwhelmed
9. Suppressed Emotions
10. Unworthy / Undeserving
11. Rigid Beliefs
12. Conflicting Beliefs