

# EVOX PERCEPTION ZONES

# 12

The EVOX Perception Index is a visual representation of your voice's energy and is divided into 12 zones that help you identify and consider potential blockages.

1



UNACKNOWLEDGED  
VS. SELF-VALIDATION

2



REPETITIVE THINKING  
VS. CREATIVE AND  
INDEPENDENT THINKING

3



SADNESS VS.  
INNER PEACE

4



EMOTIONALLY  
DISCONNECTED  
VS. EMOTIONALLY  
INTEGRATED

5



SELF-CRITICAL VS.  
SELF-LOVE

6



CONDITIONAL LOVE VS.  
UNCONDITIONAL LOVE

7



ANGER VS.  
ACCEPTANCE  
OF CHANGE

8



FEARFUL AND  
OVERWHELMED VS.  
ACCOUNTABILITY

9



SUPPRESSED EMOTIONAL  
EXPRESSION VS.  
APPROPRIATE  
SELF-EXPRESSION

10



UNWORTHY  
/UNDESERVING  
VS. SELF-ACCEPTING

11



RIGID BELIEFS  
VS. OPEN  
TO POSSIBILITIES

12



CONFLICTING BELIEFS  
AND ACTION VS.  
CONGRUENT BELIEFS  
AND ACTION